

About Vernon Howard



Someone asked Vernon Howard once, “Who are you?” He replied, “I’m an ordinary man who discovered the extraordinary.” His work is a brilliant synthesis of insight exercises, vivid parables and true life stories of those who dared all for their Highest Purpose, and won! Vernon Howard brings to life the underlying harmony of a wide variety of carefully selected and supremely valuable wisdom teachings, spanning thousands of years. This saves you a great deal of time and helps you focus in on the practical and essential. His publications are enjoyed by more than eight million readers in several languages. www.SuperWisdom.com

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Aim High!

Your Power of Purpose and Clarity

Special Report * Compiled by Thomas Russell

Here is a wonderful tour of some of the wisest thoughts ever expressed on finding your higher aims and purpose in life.

Vernon Howard in *Mystic Path to Cosmic Power*

1. The purpose of a true philosophy is not to take away anything beneficial, but to show people how to enjoy themselves in a newer and more bountiful way.

2. It is never your responsibility to *create* success. Your part is to make an effort to awaken to your True Self, whose very nature is success. You need only let it exist in your awakened consciousness.

3. Maybe the purpose of life is something entirely different from what you think. Have you ever considered that possibility? Maybe you are on the edge of a great secret.

4. Question: But what is the purpose of life?

Answer: You can state it in several ways, but they all mean the same thing. The purpose is to find the True Self, to grow spiritually, to develop into conscious and awakened beings. When we seek first the Kingdom of Heaven, all other purposes are added to us, like loving someone and being loved.

Vernon Howard from *Secrets for Higher Success*

5. Only your own enlightened nature knows what is right and best for you. This is why your entire life must revolve around the release of self-light.

6. To observe, to explore, to think, to comprehend – that must be our aim. There is no beauty like the beauty of a person who truly wants to know what life is all about.

7. Declare to yourself, “Nothing in life has any meaning except my aim to wake up, to see life as it really is. So whatever my duties, I will use every minute, every thought, every energy to achieve this aim.” Now, if you succeed just one-tenth of one percent at first, that is tremendous!

8. Ralph Waldo Emerson explained, “The difficulty is that we do not make a world of our own, but fall into institutions already made.” The lesson: “Live from yourself. An artificial flower cannot grow.”

9. Our healthy aim is to make the unconscious conscious.

10. Your aim is to think in a new way, a way which is free from associations with the past, free from demands upon the future.

11. Resolve to understand and to build self-unity.

12. Your true nature always knows whether counsel from others is true or false, sensible or nonsensical, which is why your first task is reunion with your original self.

Vernon Howard in *Esoteric Encyclopedia of Eternal Knowledge*

13. Just catch your first glimpse. That is enough. Nothing will ever persuade you to go back to the old ways.

14. So regardless of what other people do, always aim to think in a higher way than you find yourself thinking.

15. Your aim is to allow mind and emotion to flow as one, just as two streams come together to form a commanding river.

16. Succeed in your aim to not be in conflict with yourself, then see whether the problem is still there.

17. The aim of a chained man is to chain others, while the aim of a free man is to free others.

18. Your purpose is to go beyond recorded mental tapes of what life is all about to personal experience which sets you free.

Vernon Howard – from several of his publications:

19. Our first and last task is to understand the meaning of self-awakening and then awaken to our true nature.

20. The healing facts coming through a teacher are the same healing facts already existing within you, so your task is to awaken these slumbering physicians.

21. Our goal, which becomes clearer as we progress, is to direct and eliminate self-contradictions.
22. Regardless of what other people do with their lives, make your life one of constantly expanding light.
23. An extraordinary secret for true success is to use every annoyance to gain self-insight and self-command.
24. To be in agreement with your own nature is all you ever need to be or do.
25. Our task is to neither excuse our mistakes nor blame others for them, but to determine their causes within ourselves.
26. The secret of secrets is to stop setting negative causes into motion, for that makes every new moment a free moment.
27. Our aim is to know what a free man is like by personal experience.
28. One of our early tasks is to distinguish between healthy facts and popular illusions.
29. Whoever has cleared himself of inner chaos remains untouched by the chaos of a hysterical society.
30. Your aim is total self-transformation by seeing things as they are. Your goal is to awaken to an entirely new sense of life.
31. If your grand purpose in life is to wake up, then whatever happens to you is good, for it can prod you into self-awakening. But if you have wrong aims which serve false purposes, then whatever happens will be self-defeating.
32. Negative states want to keep you from discovering the purpose of your life. And the purpose of your life is to find something stronger than this life.

Other Authors Speak Clearly on *The Power of Purpose*

1. Only your own enlightened nature knows what is right and best for you. This is why your entire life must revolve around the release of self-light. (Vernon Howard)
2. The great use of life is to spend it for something that will outlast it. *William James*
3. Be above it! Make the world serve your purpose, but do not serve it. *Johann Wolfgang Von Goethe*
34. Your vision will become clear only when you look into your heart ... Who looks outside, dreams. Who looks inside, awakens. *Carl Jung*
5. A man without a purpose is like a ship without a rudder. *Thomas Carlyle*
6. Man's main task in life is to give birth to himself, to become what he potentially is. *Erick Fromm*
7. The true profession of a man is to find his way to himself. *Hermann Hesse*
8. To be what we are, and to become what we are capable of becoming is the only end of life. *Robert Louis Stevenson*
9. There is no meaning to life except the meaning man gives to his life by the unfolding of his powers. *Erich Fromm*
10. The soul which has no fixed purpose in life is lost; to be everywhere, is to be nowhere. *Michel de Montaigne*
11. Though I were perfect, yet would I not know my soul: I would despise my life. *Job 9:21*
12. Without knowing why I am and why I am here, life is impossible. *Leo Nikolaevich Tolstoy*
13. Man's ideal state is realized when he has fulfilled the purpose for which he is born. And what is it that reason demands of him? Something very easy—that he live in accordance with his own nature. *Seneca*
14. Wisdom is the principal thing; therefore get wisdom; and with all your getting get understanding. *Proverbs*

15. The great and glorious masterpiece of humanity is to know how to live with a purpose. *Montaigne*
16. This above all: to thine own self be true, And it must follow, as the night the day, Thou canst not be false to any man. *William Shakespeare*
17. Great minds have purposes, little mind have wishes. *Washington Irving*
18. I would like to find this strength to base my life entirely on this truth, on this infinite and simplicity and joy that is sometimes given to me. *Rainer M. Rilke*
19. But the kingdom of heaven first, and all these things shall be added unto you. *New Testament*
20. Maybe the purpose of life is something entirely different from what you think. Have you ever considered that possibility? Maybe you are on the edge of a great secret. (Vernon Howard)

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